

**Reference No**

071/068

**Duration**

36 weeks

**Location**

Commando  
Training Centre  
Royal Marines  
Various field  
Locations

**IELTS**

6

**Frequency**

One course  
per year

# MOUNTAIN LEADER 1 (ML1)

**AIM OF COURSE**

To be able supervise and conduct training of all ranks to required standards in Mountain & Cold Weather Warfare (M&CWW) operations in winter and summer, including combat survival, skiing, vertical assault and use of all associated equipment. To be able to lead mountain routes in winter to grade IV, instruct military rock climbing to UK 'Very Severe' standard and have a thorough knowledge of rescue techniques. To be an S&R Patrol Manager and be competent in operating in this role within 3 Cdo Bde

**OUTLINE SYLLABUS**

- ◆ Vertical assault/climbing instructor/supervisor
- ◆ Advanced mountain movement supervisor and instructor
- ◆ S&R manager
- ◆ M&CWW supervisor and instructor

**ENTRY STANDARDS**

- ◆ NATO Restricted course only
- ◆ Able to write, speak and lecture in English, including technical terms
- ◆ Must have at least 2 years experience as an ML2
- ◆ Must be a SNCO

**QUALIFICATIONS**

- ◆ M&CW instructor and supervisor
- ◆ Snow and ice climbing supervisor (Military)
- ◆ Rock climbing and mountaineering supervisor (Military)
- ◆ Level 2 Norwegian Telemark Instructors
- ◆ Advanced Ski Instructors (Military)
- ◆ Level 4 Diploma – Managing Expedition Survival and Surveillance
- ◆ Avalanche aware