

**Reference No**

059/022

**Duration**

4 weeks

**Location**

Defence  
Diving School,  
Horsea Island,  
Portsmouth

**IELTS**

6.5

**Frequency**

One course  
per year



# BASIC MILITARY AIR DIVER

**AIM OF COURSE**

To train the student, who has satisfactorily completed a selection test, to dive to maximum depth of 30m using self-contained compressed air breathing apparatus.

**OUTLINE SYLLABUS**

Two weeks of basic diving training in a manmade lake followed by two weeks of open water diving and training in simple underwater tasks and diving to a maximum depth of 30m.

**ENTRY STANDARDS**

- ◆ Minimum age to start course 18
- ◆ Must pass Diving Professional Fitness Test (DPFT) 1.5 (2.4 km) run in 10:30 min, 4 heaves (chin ups), 8 dips and 30 sit-ups

**REMARKS**

The course is a Pass/Fail criteria with both Written and Practical assessments.

Students should arrive having completed the minimum of a Try-Dive or some form of selection process to be completed by host nation prior to arrival

**Note: Students are to arrive with a 'fit to dive' medical certificate signed by a certificate Medical Officer of their host nation.**