

**Reference No**

204/021

**Duration**

2 days

**Location**Institute of Naval  
Medicine**IELTS**

7

**Frequency**2 courses  
per year

# REFRESHER UNDERWATER MEDICINE

**AIM OF COURSE**

The primary mission of the course is to refresh and update Service Medical Officers and Civilian Medical Practitioners (CMP) on the medical standards for Military Occupational Diving and Service Recreational Diving.

A secondary objective for the course is to give Medical Officers and CMPs refresher training on:

- ◆ The spectrum of diving-related injuries and illnesses
- ◆ The management principles of diving-related injuries

**OUTLINE SYLLABUS**

Topics covered include:

- ◆ Medical problems associated with diving (Decompression Illness and Barotrauma)
- ◆ Medical fitness standards for military occupational diving and recreational diving
- ◆ Injuries requiring recompression therapy and Recompression Treatment tables
- ◆ Refresher training with Pulmonary Function Testing standards
- ◆ Submarine Escape and Rescue systems and Submarine Medical Standards

**ENTRY STANDARDS**

- ◆ Must be a qualified Medical Officer (Service Medical Officer, Civilian Medical Practitioner, Non-MOD employed civilian doctors, Allied Forces Medical Officers)
- ◆ Candidates should be those involved and interested in the medical aspects of diving
- ◆ The course is taught in English. Students should have a solid foundation in communicating in the English language (also see IELTS requirement)

**EXAMINATION/QUALIFICATION GAINED**

- ◆ Level I Certificate awarded on successful completion of all aspects of the course including a multiple-choice examination. Level I certificate authorises the graduate to perform diving medical examinations for UK Service Occupational Divers. Successful completion of this course is recognised by the HSE for Authorised Medical Examiner of Divers (AMED) re-qualification.

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# REFRESHER UNDERWATER MEDICINE

**POST COURSE RECOMMENDATIONS**

Supervision by, and access to, a Medical Officer with suitable experience in this field of medicine.

**REMARKS**

Individuals are required to attend this course every 5 years after completing the Standard Underwater Medicine in order to maintain their qualification.