

**Reference No**

019/003

Duration:

5 days

LocationPHOENIX,
HMS EXCELLENT
or
HMS RALEIGH**IELTS**

6

Frequency

as required

FIRST AID - CBRNDC 23

AIM OF COURSE

To train naval personnel in administering first aid to certificate standards laid down by Health and Safety (First Aid) regulations 1981 and STANAG 2122 First Aid subjects.

OUTLINE SYLLABUS

Topics covered include:

- ◆ Principles and Objectives of First Aid
- ◆ Identification of hazards
- ◆ Primary Survey
- ◆ Unconscious casualty
- ◆ Heart conditions
- ◆ Provision of basic life support
- ◆ Cardio-Pulmonary Resuscitation
- ◆ Hypoxia
- ◆ Shock
- ◆ How to arrest a bleed
- ◆ Fractures and dislocations
- ◆ Climatic injuries
- ◆ Burns
- ◆ Poisons
- ◆ First aid kits and boxes
- ◆ Secondary survey
- ◆ Casualty handling

EXAMINATIONS/QUALIFICATIONS GAINED

- ◆ Practical skills assessment
- ◆ CPR assessment
- ◆ Theory exam
- ◆ CBRNDC Level 2 First Aid accredited by Institute of Naval Medicine (INM) and Maritime Coastguard Agency(MCA)