

**Reference No**

005/299

**Duration**

29 weeks

**Location**

BRNC  
Dartmouth and  
the Maritime  
Warfare  
School, HMS  
COLLINGWOOD

**Frequency**

2 courses  
per year

**Age**

18 - 24 with  
exceptions  
please refer to  
Entry Standards

# INTERNATIONAL OFFICER COURSE (IOC)

**AIM OF COURSE**

The aim is to prepare Young Officers for subsequent phases of specialist training, having completed initial training to prescribed standards and gained appreciation of the seagoing environment. The course provides the basic theory, practice and experience in navigation, seamanship and leadership in order to prepare officers of the Warfare and Seamanship specialisations to undertake the duties and responsibilities of an Officer of the Watch.

**OUTLINE SYLLABUS****Phase 1**

This phase includes a significant component of English language training, which aims to have all individuals at IELTS 5.5 by the end of the phase.

Topics covered include:

- ◆ Military language – An introduction to the language used in all aspects of training
- ◆ Leadership – An introduction to leadership terminology and methods
- ◆ Seamanship and navigation – An introduction to boat driving, bends and hitches and chartwork
- ◆ Ceremonial Training – Being part and taking charge of a marching squad
- ◆ Physical Training – To ensure all candidates are at the required level for subsequent RN training

**Phase 2**

- ◆ General navigation
- ◆ Rule of the road
- ◆ Coastal pilotage
- ◆ Chartwork
- ◆ Anchorages
- ◆ Tides, time & time zones, sunset & sunrise
- ◆ Bridge simulator
- ◆ Communications
- ◆ Fleetwork
- ◆ Basic Sea Survival Course (BSSC)
- ◆ Exclusive Economic Zone (EEZ)
- ◆ Board and Search
- ◆ Seamanship safety package
- ◆ First aid



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- ♦ Leadership including fitness test
- ♦ Introduction to warfare
- ♦ One week Passing Out parade preparation

## EXAMINATIONS/QUALIFICATIONS GAINED

- ♦ Regular progress testing throughout the course to provide a close level of monitoring and to provide feedback to national authorities as required on the suitability for onward training
- ♦ GMDSS 'VHF Short Range' certificate (will require own nation's endorsement)
- ♦ First Aid certificate
- ♦ RYA certificate for Mib/Rib/Displacement boat
- ♦ All students who successfully complete the course will Pass Out as International Officers

## POST COURSE RECOMMENDATIONS

Further sea experiences in own navy to obtain Bridge Watch-keeping and Ocean Navigation certificates to STCW standards.

## ENTRY STANDARDS

- ♦ Age – Each Young Officer must be over 18 and under 25 years old at the start of the course. Exceptionally, candidates up to the age of 34 may be accepted if they meet the medical and fitness requirements, although experience indicates that older candidates have difficulty with the physical aspects of the course
- ♦ Medical Standards – As for INT(O)
- ♦ Physical Standards – A basic level of fitness is required since the course will lead to the INT(O). It is recommended that candidates should be able to run at least 1.5 miles (2.4km) in under 11 minutes and swim 50 metres

## ACADEMIC STANDARDS

- ♦ Educational standards – As for INT(O)
- ♦ English language standards – Minimum IELTS 4.5 in all disciplines (speaking, reading, writing and listening)
- ♦ Eyesight standards – As detailed at front of Section 2