

**Commodore
Jo Adey
ADC**

**Commander
Maritime Reserves**



Jo joined the Royal Naval Reserve in 1993 whilst at Newcastle University reading for a BSc in Agriculture and Environmental Science.

After a few years balancing her civilian and RNR lives, she mobilised in 2000 for Op PALATINE. On her return she took up Full Time Reserve Service, first at HMS DRYAD and then HMS COLLINGWOOD, before transferring to Regular Service as a Training Manager in 2004.

During her career, Jo has worked for all three Services and the MOD across the training and personnel domains. Promotion to Commander in 2015 saw her assigned as Commander Training at HMS RALEIGH and then, on completion of ACSC20, to the MOD's Defence Operational Capability team.

Returning to MOD on promotion to Captain in 2020 as the Assistant Head Strategy & Assurance for Training, Education, Skills, Recruitment and Resettlement (TESRR), she subsequently completed RCDS 23 prior to taking up the role of Commander Maritime Reserves in the summer of 2023.

As well as her degree in Agriculture, Jo has found time to complete an MSc in Training Management and Consultancy and an MA in Defence Studies, as well as becoming a Chartered Fellow of both the Chartered Institute for Personnel & Development and the Chartered Management Institute.

When not collecting certificates, home for Jo is in Hampshire where she lives with her husband, Richard. Their free time is mostly spent at antiques auctions or in the garden, trying to limit the breadth of destruction achieved by their chickens and Guinea pigs.